



EVENT	M 35	M 40	M 45	M 50	M 55	M 60	M 65	M 70	M 75	M 80	M 85	M 90+
60	7.50	7.80	7.90	8.00	8.10	8.50	8.90	9.40	10.10	10.80	11.40	12.45
200	24.40	25.00	25.80	26.80	27.60	28.50	30.50	33.50	36.00	42.00	47.00	54.00
400	54.00	55.00	56.00	58.00	1:01.50	1:05.00	1:10.00	1:15.00	1:25.00	1:40.00	1:50.00	2:08.00
800	2:05.00	2:08.00	2:11.00	2:16.00	2:24.00	2:37.00	2:46.00	3:00.00	3:50.00	4:00.00	4:50:00	5:30.00
1500	4:15.00	4:25.00	4:30.00	4:35.00	4:45.00	5:05:00	5:30:00	6:15:00	7:10:00	8:50:00	10:30:00	11:50:00
3.000	9:10.00	9:30.00	9:45.00	10:10.00	10:40.00	11:20:00	11:45:00	12:40:00	15:00.00	18:00.00	22:30.00	25:00:00
60 H	9.10	9.40	9.90	10.30	10.70	11.00	11.60	12.20	13.40	15.80	16.00	18.00

Pentathlon	2900	3200	3200	3500	3100	3300	3200	3200	2800	2000	2000	2000
<b>Outdoor Events in EVACI</b>												
Weight Throw	11.25	10.35	9.90	11.25	10.35	12.60	11.25	11.70	10.35	9.90	7.65	6.30
Discus	39.60	37.80	34.20	40.50	33.30	38.70	33.75	28.80	23.85	18.90	13.95	10.35
Hammer	40.50	37.80	36.00	36.90	34.20	36.00	32.40	28.80	25.20	18.00	14.40	10.80
Javelin	48.60	46.80	45.00	40.50	36.00	34.20	30.60	26.10	20.70	17.10	12.60	10.35
5.000 Walk Road	25:00	25:30	26:00	26:30	27:00	28:30	29:30	32:00	37:00	44:00	50:00	52:00

In the case that the performances obtained by athletes in outdoor events during these Championships, could be obviously inferior due to the negative and inclement weather conditions, the **Technical Delegate will decide** to maintain or adapt the Medals Standard, after consulting the EVAA Council and the Technical Board on Managers



## MEDAL STANDARDS EVACI 2011 - WOMEN

(minimum performance in order to obtain medals)

EVENT	W 35	W 40	W 45	W 50	W 55	W 60	W 65	W 70	W 75	W 80	W 85	W 90+
60	8.80	9.00	9.20	9.50	10.00	10.30	11.00	12.10	13.40	15.00	15.60	18.00
200	28.10	29.00	30.50	32.00	33.50	36.00	39.00	44.00	49.00	1:03.00	1:06.00	1:10.00
400	1:03.00	1:05.50	1:08.00	1:12.00	1:17.50	1:28.00	1:35.00	1:40.00	1:50.00	2:10.00	2:20.00	2:40.00
800	2:28.00	2:33.00	2:40.00	2:45.00	2:55.00	3:12.00	3:35.00	3:50.00	4:05.00	5:20.00	5:50.00	6:40.00
1500	5:05.00	5:15.00	5:25.00	5:45.00	6:15.00	6:45.00	7:15.00	8:00.00	9:00.00	12:00.00	13:00.00	14:30.00
3.000	10:55.00	11:20.00	11:55.00	12:30.00	12:50.00	13:45.00	14:55.00	16:30.00	19:10.00	25:20.00	27:30.00	30:20.00
60 H	10.70	10.90	11.30	12.20	13.60	14.00	14.70	16.00	18.00	20.00	22.00	24.00
4x200	2:05.00	2:10.00	2:15.00	2:25.00	2:35.00	2:50.00	2:55.00	3:10.00	4:00.00	4:20.00	5:00.00	5:20.00
3.000 Walk Track	17:00.00	17:30.00	18:30.00	19:30.00	20:30.00	22:30.00	23:00.00	25:30.00	27:00.00	28:30.00	29:30.00	32:30.00
High Jump	1.50	1.45	1.35	1.25	1.20	1.10	1.05	0.95	0.84	0.79	0.75	0.75
Pole Vault	2.60	2.40	2.20	2.00	1.80	1.60	1.40	1.40	1.20	1.20	1.20	1.20
Long Jump	4.80	4.60	4.20	3.85	3.50	3.05	2.80	2.30	2.10	1.80	1.60	1.40
Triple Jump	9.30	8.75	8.00	7.25	6.50	6.00	5.50	5.00	4.50	3.90	3.50	3.40
Shot Put	10.00	9.50	9.00	9.80	9.00	8.00	7.00	5.80	5.50	4.50	4.00	3.50
Pentathlon	2100	3300	3000	3200	2500	2200	2100	1800	1800	1800	1800	1800
<i>Outdoor Events in EVACI</i>												
Weight Throw	9.00	8.10	7.20	8.10	7.20	7.65	6.75	5.85	4.95	4.50	4.05	3.60
Discus	33.30	31.05	27.90	25.20	22.50	19.80	17.10	14.40	11.70	8.10	6.30	4.50
Hammer	30.00	28.00	25.00	27.00	23.40	20.70	18.90	16.65	15.30	13.05	9.45	9.00
Javelin	32.00	27.00	24.30	24.00	22.00	18.90	16.20	13.95	11.25	9.00	7.20	5.40
5.000 Walk Road	32:50	33:10	33:30	34:00	34:30	36:00	36:30	42:30	45:00	46:30	50:00	55:00

In the case that the performances obtained by athletes in outdoor events during these Championships, could be obviously inferior due to the negative and inclement weather conditions, the ***Technical Delegate will decide*** to maintain or adapt the Medals Standard, after consulting the EVAA Council and the Technical Board on Managers